

**The Pediatric Lung Center**

*Division of Fairfax Neonatal Associates, P.C.*

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**Information for New Allergy/Immunology Patients:**

**1. The first appointment is scheduled for approximately 1 - 1 1/2 hours. If allergy testing is required there may be an additional wait/observation period. Total time spent in the office may be up to 2 hours.**

**2. For the first appointment, please stop the following medications if possible as these may affect testing...**

a. Medications to be stopped 7 days prior to their appointment:

Prescription and OTC anti-histamines

Claritin (Loratadine, Alavert)

Clarinex (Desloratidine)

Allegra (Fexofenadine)

Zyrtec (Cetirizine, Aller-Ttec)

Xyzal (Levocetirizine)

Benadryl (Diphenhydramine)

Astelin

Astepro, Astepro 0.15%

Patanase

Dymista

Brompheniramine (Bromfed)

Actifed

Allerest

Cyprohepatadine (Periactin)

Chlorpheniramine (Chlorpen)

Triprolidine

Cold and sinus tablets

Hay fever medications

Dimetapp

Tylenol PM

b. All Allergy Eye Drops must be stopped 7 days prior to their appointment.

c. Medications to be stopped 14 days prior to their appointment:

Elavil (Amitriptyline)

Atarax (Hydroxyzine)

Sinequan (Doxepin)

Tofranil (Imipramine)

**3. Medications that may be continued...**

a. Intranasal sprays

Flonase (Fluticasone)

Nasacort-AQ

Nasonex

Rhinocort-AQ

Veramyst

Omnaris

Nasarel

Saline nasal spray

b. All asthma inhalers (inhaled steroids and bronchodilators, such as albuterol)

c. Leukotriene-antagonists including Singulair and Accolate

d. Decongestants, such as Sudafed

**4. Please bring all of your child's medications to the appointment.**

**5. Please bring all previous allergy records, relevant tests, x-rays or CT scans.**

**6. If your child is seeing the allergist for a rash, hives, or swelling, please take a picture of the condition (if possible) and bring it with you to your appointment.**