

The Pediatric Lung Center

Division of Fairfax Neonatal Associates, P.C.

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Information for New Allergy/Immunology Patients:

1. The first appointment is scheduled for approximately 1 - 1 1/2 hours. If allergy testing is required there may be an additional wait/observation period. Total time spent in the office may be up to 2 hours.

2. For the first appointment, please stop the following medications if possible as these may affect testing...

a. Medications to be stopped 7 days prior to their appointment:

Prescription and OTC anti-histamines

Claritin (Loratidine, Alavert)

Clarinx

Allegra (Fexofenadine)

Zyrtec (Cetirizine)

Xyzal

Benadryl (Diphenhydramine)

Astelin

Astepro, Astepro 0.15%

Patanase

Brompheniramine (Bromfed,

Bromfed-PD)

Actifed

Allerest

Chlorpheniramine (Chlorpen)

Triprolidine

Cold and sinus tablets

Hayfever medications

Allergy eye drops

Dimetapp

Tylenol PM

b. Medications to be stopped 14 days prior to their appointment:

Elavil (Amitriptyline)

Atarax (Hydroxyzine)

Sinequan (Doxepin)

Tofranil (Imipramine)

3. Medications that may be continued...

a. Intranasal sprays

Flonase (Fluticasone)

Nasacort-AQ

Nasonex

Rhinocort-AQ

Veramyst

Omnaris

Nasarel

Saline nasal spray

b. All asthma inhalers (inhaled steroids and bronchodilators, such as albuterol)

c. Leukotriene-antagonists including Singulair and Accolate

d. Decongestants, such as Sudafed

4. Please bring all of your child's medications to the appointment.

5. Please bring all previous allergy records, relevant tests, x-rays or CT scans.

6. If your child is seeing the allergist for a rash, hives, or swelling, please take a picture of the condition (if possible) and bring it with you to your appointment.